

Sample Budget
MIHOW Program with 2 Outreach Workers

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| Salaries | | |
| | 2 Outreach Workers (\$20/hr, 20hr/wk) | \$41,600 |
| | Site Leader (.4 FTE) | \$24,000 |
| | Subtotal | \$65,600 |
| | Fringe Benefits (25%) | \$16,400 |
| | Total Salaries and Fringe | \$82,000 |
| Training | | |
| | Food | \$200 |
| | Speakers / Facilitators | \$200 |
| | Materials | \$250 |
| | Annual Conference Registration (\$250/person) | \$750 |
| | Total Training | \$1,400 |
| Materials | | |
| | Resource books / pamphlets | \$500 |
| | MIHOW promotional materials | \$200 |
| | New baby gifts / door prizes | \$200 |
| | Total Materials | \$900 |
| Travel | | |
| | Home Visits (~5mi/visit x 12 visits/family x 50 families) | \$1,650 |
| | Trainings (~regional-450mi@.55, ~annual-1000@.55) | \$798 |
| | Total Travel | \$2,448 |
| Office Supplies | | |
| | Printing | \$500 |
| | Supplies | \$500 |
| | Total Office Supplies | \$1000 |
| Community Events | | |
| | Community Events (6 events/year) | \$900 |
| | Total Community Events | \$900 |
| | Subtotal | \$88,648 |
| | Site Licensing Fee (5%) | \$4,432 |
| | Total | \$93,080 |
| One Time Costs | | |
| | Home Visit Guides (2 complete sets) | \$800 |
| | Administrators' Manual | \$150 |
| | The MIHOW Way (training manual) | \$200 |
| | * Initial Training (up to 8 workers per training) | \$2,000 |

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| * Agency is responsible for trainer's lodging, food, and travel costs | |
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